

NORTH WESTERN VASCULAR HYPERHIDOSIS SPECIALISTS
FREQUENTLY ASKED QUESTIONS
59 Holmes Road Moonee Ponds 3039 Ph: 9372 9999

Why the miraDry® procedure?

MiraDry is quick, innovative non surgical treatment designed to permanently reduce underarm sweat/odour and hair with as little as one treatment. Clinical studies have demonstrated an average reduction of 82% in underarm sweat. Results will vary from patient to patient and will depend on the severity of hyperhidrosis.

- FDA (USA 2011) & TGA (AUS 2014) approved
- Dramatic reduction in underarm sweating/odour
- Minimal to no downtime
- Immediate results

What are some of the benefits to having miraDry?

- There is **no need for hospital admission or general anaesthesia**
- The procedure is done **on site at North Western Vascular**
- Response to treatment should **be long term and immediate**
- There are **no surgical incisions/cuts**

How does it work?

- The miraDry System delivers electromagnetic energy to **non-invasively target and destroy sweat and odour glands that reside under the arms**
- Sweat glands **don't regenerate** so results are long lasting

How is the miraDry treatment done?

- **Local anaesthetic and saline is injected into the underarm area via a syringe adapter**
- **A temporary tattoo** is placed under the arm to precisely map out the treatment area
- **Treatment** is customised to each patient with **multiple placements** of the miraDry device
- **The miraDry procedure will generally take up to 1 ½ to 2 hours**

What results can I expect?

- **Long lasting results** - the sweat/odour glands that have been destroyed do not regenerate
- **Sweat glands that have only been injured will reactivate over a 3 to 6 month period**
- **Dramatic and immediate results**
- **50 to 90% reduction in sweating as report by patients with 80% having one treatment only**
- **As with any medical procedure results will vary**

Is there any downtime?

- **Minimal downtime** **Most** patients can return to normal activities or work the day after the procedure
- **Typically** resume exercise within several days

Is the procedure painless?

- There is **minimal discomfort with the first few injections of local anaesthetic**

Patients rated the procedure an average score of 2, on a scale from 1 to 10

(1=no pain, 10=worst pain)

How many procedures will I need?

- **Two procedures 3 months apart are required for optimal results**

Is it safe to have miraDry if I have breast implants?

- Breasts Implants are not contra-indicated and it is safe for patients to undergo MiraDry treatment.

Can I have laser hair removal after MiraDry treatment?

It is recommended that patients do not undergo any underarm treatments within the first 3 months of having Miradry. The underarms need to be completely healed with no residual lumps or swelling before being ready for laser hair removal.

What are the typical side effects?

The miraDry procedure has a strong safety record -

- **Some localised soreness and/or swelling** will occur, and typically clears within a few weeks. Some patients have short-term altered sensation in the skin of their underarms or upper arms, which gradually disappears
- **Loss of underarm hair** may be permanent
- **Of course**, as with any medical procedure there is always some risk and this is to be discussed with **Dr. Bell during the free consultation**

Do I need my underarm sweat glands?

- **Eliminating** the underarm sweat glands will not affect your body's ability to cool itself
- **The body contains 4 million sweat glands with only about 2% located underarms**

Who is the miraDry suitable for?

- **Sufferers** of axillary hyperhidrosis and/or body odour
- **Anyone who is bothered or embarrassed** by underarm sweating or body odour
- **Interferes** with social and/or everyday activities
- **Anyone who frequently re-applies antiperspirant or just doesn't like using antiperspirants with Aluminium**

Who performs the miraDry procedure?

- **North Western Vascular** staff have been **trained and are fully accredited** to perform the miraDry procedure. The miraDry procedure will be performed by **our accredited miraDry practitioner**.

How much does the miraDry procedure cost?

\$2000 Level 5 treatment (approx 70% have one treatment)

\$1800 Level 5 treatment (approx. 30% have second treatment)

If you are considering undergoing miraDry for axillary hyperhidrosis and/or odour an obligation free appointment to discuss symptoms and treatment with Mr Roger Bell at North Western Vascular is highly recommended

Call 1800sweaty or 03 9372 9999 to arrange an obligation free appointment and take the first step to life without excessive underarm sweating or odour

www.sweatyhands.com.au or www.northwesternvascular.com.au